

2025 Registration Form

April 2-May 15, 2025

Sponsoring Agencies: Jackson County Department on Aging
Jackson County Parks & Recreation Department Graham County Senior Center

Senior Games is for Seniors age **50 or better**. A participant's age on **December 31, 2025** will determine the age category in which the athlete will compete.

Per NCSG Rules Book, General Rules and Regulations, a participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.

Registration Dates	Online
February 1 st – March 7th	\$15
Online registration closes at midnight on 3/7/25 Paper Registration closes at 5pm on 3/7/25	

Register online by creating an account at <https://torch.ncseniorgames.org> under Local Games

For more information about Smoky Mountain Senior Games contact the Jackson County Department on Aging
100 County Services Park, Sylva, NC 28779 at 828-586-5494

To be officially entered in the Smoky Mountain Senior Games you must:

- Complete the ENTIRE official registration form
- Read and sign the Release and Indemnity Agreement
- Pay the registration fee (*including any required additional event fee*)

Registration deadline is Friday, March 7th

"To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete."

*This program is sanctioned by North Carolina Senior Games, Inc.
NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.
Visit the NCSG website: www.ncseniorgames.org for rules and State Finals details*

GENERAL INFORMATION AND REGISTRATION PROCESS

RULES: All residents 50 years of age or older are able to participate. A participant must be a North Carolina resident for a minimum of three consecutive months of the year (Per NCSG RULES BOOK). Age on **December 31, 2025** will determine the age category in which the athlete will compete. In athletics, participants will compete against others of their own sex and age as follows: 50-54, 55-59, 60-64, etc. In doubles, teams will be placed in age categories by the age of the youngest player.

EVENTS: All events are listed on the registration form. You will need to bring your **PHOTO ID** to show at each event. All events will be conducted in accordance with the 2025 Edition of the North Carolina Senior Games, Inc. Official Rule Book. An official North Carolina Senior Games Rules Book is available at the Jackson County Senior Center (JCSC) or online at www.ncseniorgames.org. If you have a question about your event, please check the rules book prior to participation.

ATTENDANCE POLICY: If a participant is not present when their bracket starts, they will be disqualified. There will be no make-up or additional days scheduled for events. If a participant is not at the event scheduled, they will be also disqualified.

EQUIPMENT: Participants in the following events will supply their own equipment: **Golf, Archery, and Cycling (helmet must be worn in cycling)**. The appropriate facilities will provide the rest. Participants may use their own equipment in events if it meets the official standards, with the exception of Cornhole.

ENTRY FEE: See table on page 1 for registration fees and deadlines. **The registration fee must accompany each registration form. Silver Arts participants will also be required to pay the registration fee.** The registration fee entitles each participant entry into events and/or Silver Arts, opening ceremony breakfast, one entry/meal at the closing ceremony and an official SMSG t-shirt.

ADDITIONAL FEES (\$):

BOWLING will be paid by participant directly to the Bowling facility. The fee is \$10.00 for 3 Games, or \$13.00 for 3 games including shoe rental.

GOLF will be paid by participant at registration. The fee is \$52 per 18 holes.

MINI-GOLF will be paid by participant directly to the Mini-Golf facility. The fee is \$4.00 per game.

CLOSING CEREMONY GUEST MEALS will be collected at a later date, RSVP responses for this due by April 25th.

REFUNDS: Refunds will be issued on a case-by-case basis.

STATE FINALS: Qualification for Silver Arts: Performing- best in show, Heritage and Visual Places 1-3, Literary places 1-2. State Finals Registration Forms will be given out at the closing ceremony. **The top three male and female qualifiers** in each age category in each official North Carolina Senior Games sport/event will be eligible to participate in State Finals. Golfers must meet a minimum performance score (MPS) and finish 1, 2 or 3 to qualify. All participants who complete and score in the following Local Games events will qualify: Fun Walk, Football Throw, Softball Throw and Basketball Shooting. Registering for State Finals can be done online at ncseniorgames.org. Deadline to register for State Finals: Early Bird Deadline is July 1. Final Deadline is Aug 1.

CONFIRMATION: Each athletic entry will be confirmed via email thru the TORCH system no later than March 21st. Confirmations will include any date or time changes for events. **PLEASE REVIEW EVERY DETAIL OF YOUR CONFIRMATION LETTER!**

RAIN PLAN: The Local Coordinator or the Event Managers reserve the right to cancel or postpone events to a later time in case of inclement weather. Rain dates are included in this registration packet and on the events calendar. If location, time, or date has to be changed due to poor weather, and you do not wish to continue in the event, you must notify the Jackson County Senior Center.

EVENT REGISTRATION DEADLINE: March 7th

PLEASE PRINT CLEARLY (All information will be kept confidential):

****Please ensure your email is correct, this will be the primary source of frequent communications with extremely important information regarding the games!**

NAME: _____ EMAIL: _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____ COUNTY _____

DATE OF BIRTH: _____ AGE AS OF **12/31/25**: _____ GENDER: FEMALE / MALE
(month/day/year)

ETHNICITY: Black or African American; Asian; American Indian or Alaska Native; White;
 Native Hawaiian or other Pacific Islander; Hispanic; or Unknown/Refused

T-SHIRT SIZE: _____ PHONE: HOME _____ CELL _____

EMERGENCY CONTACT(S): REQUIRED

NAME: _____ RELATIONSHIP: _____ PHONE: _____

NAME: _____ RELATIONSHIP: _____ PHONE: _____

**YOU MUST SIGN UP FOR ALL EVENTS YOU WANT TO PARTICIPATE IN ON THIS FORM.
YOU CANNOT ADD AN EVENT THE DAY OF THE COMPETITION.**

ALL EVENTS LISTED ARE NC SENIOR GAMES, INC. SANCTIONED EVENTS OFFERED AT STATE FINALS.
Additionally, (N) = A NATIONAL SENIOR GAMES ASSOCIATION EVENT.

Check the box next to each event you want to register for. (\$) denotes additional fees required

DOUBLES AND MIXED DOUBLES EVENTS PARTNERS: You are required to find your own partner for all doubles and mixed doubles events. **YOU MUST HAVE YOUR PARTNER LISTED BELOW WHEN YOU REGISTER!!**

	Register	Event	Date	Start Time	Location
N	<input type="checkbox"/>	Archery (no longer a state final event)	Mon, April 14	10:00 am	Jackson County Rec. Center
-	<input type="checkbox"/>	Basketball Shooting	Wed, April 2	9:30am	Jackson County Rec. Center
N	<input type="checkbox"/>	Basketball Tournament (\$)	TBD	TBD	TBD
-	<input type="checkbox"/>	Billiards	Thurs, April 10	11:00am	Rivers & Rails Tavern
-	<input type="checkbox"/>	Bocce (Women)	Mon, April 7	10:00am	Birdtown Complex
-	<input type="checkbox"/>	Bocce (Men)	Mon, April 7	12:00pm	Birdtown Complex
N	<input type="checkbox"/>	Bowling-Singles (3x games \$10 or \$13 with shoes)	Fri, April 4	10:00am	Harrah's Cherokee UltraStar
N	<input type="checkbox"/>	Bowling-Doubles (3x games \$10 or \$13 with shoes)	Thurs, April 24	10:00am	Harrah's Cherokee UltraStar
<i>Please provide your doubles partner's name:</i>					
N	<input type="checkbox"/>	Bowling-Mixed Doubles (3x games \$10 or \$13 with shoes)	Mon, April 28	10:00am	Harrah's Cherokee UltraStar
<i>Please provide your mixed doubles partner's name:</i>					
N	<input type="checkbox"/>	Cornhole (Women)	Fri, April 25	10:00am	Jackson County Rec. Center
N	<input type="checkbox"/>	Cornhole (Men)	Fri, April 25	12:00pm	Jackson County Rec. Center
N	<input type="checkbox"/>	Cornhole (Doubles)	Thurs, May 8	10:00am	Jackson County Rec. Center
N	<input type="checkbox"/>	Cornhole (Mixed Doubles)	Thurs, May 8	12:00pm	Jackson County Rec. Center
-	<input type="checkbox"/>	Cycling – 1 mile	TBD	TBD	TBD
N	<input type="checkbox"/>	Cycling – 5K	TBD	TBD	TBD
N	<input type="checkbox"/>	Cycling – 10K	TBD	TBD	TBD
-	<input type="checkbox"/>	Cycling – Recumbent 1 mi	TBD	TBD	TBD

	Register	Event	Date	Start Time	Location
N	<input type="checkbox"/>	Cycling – Recumbent 5K	TBD	TBD	TBD
N	<input type="checkbox"/>	Cycling – Recumbent 10k	TBD	TBD	TBD
-	<input type="checkbox"/>	Discus	Fri, May 2	10:00 am	Smoky Mountain High Track
	<input type="checkbox"/>	Disc Golf	Wed, April 23	11:00 am	Jackson County Rec. Center
-	<input type="checkbox"/>	Football Throw	Wed, April 2	9:30 am	Jackson County Rec. Center
N	<input type="checkbox"/>	Golf (\$52 per player)	Wed, May 7	11:00 am	Trillium
-	<input type="checkbox"/>	Horseshoes (Women)	Mon, April 7	12:00 pm	Birdtown Complex
-	<input type="checkbox"/>	Horseshoes (Men)	Mon, April 7	10:00 am	Birdtown Complex
-	<input type="checkbox"/>	Mini-Golf (\$4 per person)	Fri, May 9	11:00 am	Maggie Valley Carpet Golf
N	<input type="checkbox"/>	Pickleball-Singles	Thurs, May 1	12:30 pm	Sylva United Methodist
N	<input type="checkbox"/>	Pickleball-Doubles	Tues, May 6	12:30 pm	Sylva United Methodist
<i>Please provide your doubles partner's name:</i>					
N	<input type="checkbox"/>	Pickleball-Mixed Doubles	Thurs, May 1	12:30 pm	Sylva United Methodist
<i>Please provide your mixed doubles partner's name:</i>					
N	<input type="checkbox"/>	Running Long Jump	Fri, May 2	10:00 am	Smoky Mountain High Track
N	<input type="checkbox"/>	Shot Put	Fri, May 2	10:00 am	Smoky Mountain High Track
N	<input type="checkbox"/>	Shuffleboard (Men)	Tues, April 22	10:00 am	Birdtown Complex
N	<input type="checkbox"/>	Shuffleboard (Women)	Tues, April 22	12:00 pm	Birdtown Complex
-	<input type="checkbox"/>	Softball Throw	Wed, April 2	9:30 am	Jackson County Rec. Center
N	<input type="checkbox"/>	Softball Tournament (\$)	TBD	TBD	TBD
-	<input type="checkbox"/>	Standing Long Jump	Fri, May 2	10:00 am	Smoky Mountain High Track
N	<input type="checkbox"/>	Table Tennis	Wed, April 16	11:00 am	Jackson County Rec. Center
N	<input type="checkbox"/>	Table Tennis-doubles	Wed, April 16	11:00 am	Jackson County Rec. Center
<i>Please provide your doubles partner's name:</i>					
N	<input type="checkbox"/>	Table Tennis-mixed dbls	Wed, April 16	11:00 am	Jackson County Rec. Center
<i>Please provide your mixed doubles partner's name:</i>					
N	<input type="checkbox"/>	Tennis	Tues, April 15	12:00 pm	Mark Watson Park
N	<input type="checkbox"/>	Tennis-Doubles	Tues, April 15	12:00 pm	Mark Watson Park
<i>Please provide your doubles partner's name:</i>					
N	<input type="checkbox"/>	Tennis-Mixed Doubles	Tues, April 15	12:00 pm	Mark Watson Park
<i>Please provide your mixed doubles partner's name:</i>					

SWIMMING		Mon, April 21	9:00 am	Jackson Co. Aquatics Center	
N	<input type="checkbox"/> 50 Yd. Backstroke	N	<input type="checkbox"/> 100 Yd. Backstroke	N	<input type="checkbox"/> 200 Yd. Backstroke
N	<input type="checkbox"/> 50 Yd. Breaststroke	N	<input type="checkbox"/> 100 Yd. Breaststroke	N	<input type="checkbox"/> 200 Yd. Breaststroke
N	<input type="checkbox"/> 50 Yd. Butterfly	N	<input type="checkbox"/> 100 Yd. Butterfly	N	<input type="checkbox"/> 200 Yd. Butterfly
N	<input type="checkbox"/> 50 Yd. Freestyle	N	<input type="checkbox"/> 100 Yd. Freestyle	N	<input type="checkbox"/> 200 Yd. Freestyle
		N	<input type="checkbox"/> 100 Yd. Ind. Medley	N	<input type="checkbox"/> 200 Yd. Ind. Medley
		N	<input type="checkbox"/> 400 Yd. Ind. Medley	N	<input type="checkbox"/> 500 Yd. Freestyle

(continued on next page)

N	TRACK AND FIELD	Fri, May 2	10:00 am	Smoky Mountain High Track
<i>^PARTICIPANTS IN THE 1500 M AND 5K RACE WALKS MUST WEAR EITHER TIGHTS OR SHORTS COMING ABOVE THE KNEE</i>				
N	<input type="checkbox"/> 50 Meter Dash	N	<input type="checkbox"/> 100 Meter Dash	N
	<input type="checkbox"/> 200 Meter Dash	N	<input type="checkbox"/> 400 Meter Dash	N
	<input type="checkbox"/> 800 Meter Run	N	<input type="checkbox"/> 1500 Meter Run	
N	<input type="checkbox"/> 5K Run	N	<input type="checkbox"/> 10K Run	TBD
	<input type="checkbox"/> 1 mi Fun Walk	N	<input type="checkbox"/> 1500 Meter Power Walking	N
			<input type="checkbox"/> 5K Power Walking	

RAIN PLAN

The local coordinator and/or Event Manager have the option to postpone an event to later in the day or cancel an event due to bad weather. If an event has to be rescheduled, please make sure you check with the staff for new event times before you leave!! If an event is rescheduled, we will try to notify you through our call system. Please make sure we have an update telephone number for you on file. Please notify the Jackson County Senior Center if you will not be able to make the event at the rescheduled time. Your absence makes it hard to complete the brackets in tournament events. If you have any questions on the status of an event, you can call the Jackson County Senior Center for details. Below are the tentative **RAIN DATES** for outdoor events.

Event	RAIN Date	Start Time	RAIN DATE Location
Archery	Tues, April 29	10:00 am	Jackson County Rec. Center
Bocce	Tues, April 8	10:00 am	Birdtown Complex
Disc Golf	Tues, April 29	11:00 am	Jackson County Rec. Center
Golf (\$)	Wed, May 14	11:00 am	Trillium
Horseshoes	Tues, April 8	10:00 am	Birdtown Complex
Mini-Golf (\$)	Mon, May 12	11:00 am	Maggie Valley Carpet Golf
Softball Throw	Thurs, April 3	11:00 am	Jackson County Rec. Center
Tennis	Thurs, April 17	12:00 pm	Mark Watson Park
Track and field	TBD	TBD	TBD

Important dates and locations	
Friday, March 7	Deadline for registration for Smoky Mountain Senior Games and Silver Arts
Monday, March 31	Kick-Off Breakfast 8:30am Jackson Co. Dept. on Aging 100 County Services Park, Sylva
Thursday, May 15	Closing Ceremony/Banquet/Follies 5:30pm Jackson Co. Dept on Aging 100 County Services Park, Sylva

IMPORTANT INFORMATION:

- Please remember to bring to your events your Confirmation letter, Photo ID and BE ON TIME OR EARLY!
- AWARDS WILL BE GIVEN OUT AT MOST EVENTS, WITH THE EXCEPTION OF OPEN EVENTS, GOLF, SILVER ARTS AND FOLLIES-THOSE WILL BE GIVEN OUT AT THE CLOSING CEREMONY.
- If you qualify for State Finals, IT IS YOUR RESPONSIBILITY to get your application mailed to State Finals Office in Raleigh by 11:59pm August 1st. NO EXCEPTIONS!
- Please feel free to bring personal snacks/drinks to your events for your refreshment, and wear appropriate clothing for all types of weather.

All Silver Arts Drop-off and pick up is at
Jackson County Department on Aging (JCDOA)
100 County Services Park, Sylva, NC 28779



- Literary Arts drop off is on **April 3rd** between 8:00am and 5:00pm
- All other Silver Arts drop off is on **May 1st** between 8:30am and 11:30am

All Silver Arts will be **on display** at the Jackson County Department on Aging until pick up.
All Silver Arts **pick up** is at the conclusion of the CLOSING CEREMONY AND AWARDS BANQUET.

ALL SILVER ARTS ACTIVITIES LISTED BELOW ARE OFFERED AT STATE FINALS!

Cheerleaders Name of Group _____ Size Category: _____
Name of Head Cheerleader: _____ Length of act in minutes and seconds _____

HERITAGE ARTS *(include size, weight, and number of pieces in a set if applicable)*

- | | |
|---|--|
| <input type="checkbox"/> BASKET WEAVING
Title _____ | <input type="checkbox"/> CROCHET
Title _____ |
| <input type="checkbox"/> JEWELRY
Title _____ | <input type="checkbox"/> KNITTING
Title _____ |
| <input type="checkbox"/> NEEDLEWORK
Title _____ | <input type="checkbox"/> POTTERY
Title _____ |
| <input type="checkbox"/> QUILTING (hand stitched)
Title _____ | <input type="checkbox"/> QUILTING (machine stitched)
Title _____ |
| <input type="checkbox"/> STAINED GLASS
Title _____ | <input type="checkbox"/> TOLE/DECORATIVE PAINTING
Title _____ |
| <input type="checkbox"/> WEAVING
Title _____ | <input type="checkbox"/> WOODCARVING
Title _____ |
| <input type="checkbox"/> WOODTURNING
Title _____ | <input type="checkbox"/> WOODWORKING
Title _____ |

LITERARY ARTS

Title of entry: _____

PERFORMING ARTS

NOTE: Your act must be 3 minutes or less. If it runs over 3 minutes you will be disqualified.

Comedy / Drama Solo Group # of participants in act _____
Group leader name _____ Phone no. _____
Name of Act: _____ Length of Act: Minutes _____ Seconds _____ Title
of Music: _____ Equipment Needed: _____

(continued on next page)

Dance Solo Group # of participants in act _____
Group leader name _____ Phone no. _____
Name of Act: _____ Length of Act: Minutes _____ Seconds _ Title
of Music: _____ Equipment Needed: _____

Line Dance Solo Group # of participants in act _____
Group leader name _____ Phone no. _____
Name of Act: _____ Length of Act: Minutes _____ Seconds _ Title
of Music: _____ Equipment Needed: _____

Instrumental Solo Group # of participants in act _____
Group leader name _____ Phone no. _____
Name of Act: _____ Length of Act: Minutes _____ Seconds _ Title
of Music: _____ Equipment Needed: _____

Vocal Solo Group # of participants in act _____
Group leader name _____ Phone no. _____
Name of Act: _____ Length of Act: Minutes _____ Seconds _ Title
of Music: _____ Equipment Needed: _____

VISUAL ARTS (NCSG sanctioned events)

PAINTING - You may enter one painting per category:

Acrylic Size: _____ Title: _____

Oil Size: _____ Title: _____

Pastels Size: _____ Title: _____

Watercolor Size: _____ Title: _____

DRAWING - You may enter one drawing. Title: _____

SCULPTURE - You may enter one sculpture. Title _____

PHOTOGRAPHY (Digital) - You may enter one photograph. Title: _____

PHOTOGRAPHY (Film) - You may enter one photograph. Title: _____

MIXED MEDIA - You may enter one piece. Title: _____

Mixed Media is using one or more art media types.

END OF REGISTRATION FORM

SILVERARTS GUIDELINES

1. SilverArts is a Senior Games program and must be promoted as such. It must be held locally between February 1 and June 15. If SilverArts is held separately from the sports competition, the SilverArtists should be included, and recognized, as a part of the Local Games: i.e., showcases, performances, awards ceremonies, special events, etc.
2. All persons entering SilverArts must be 50 years of age or better as of December 31st, a N.C. resident for a minimum of 3 consecutive months of the calendar year, and must qualify through a Local Senior Games SilverArts program for State Finals.
3. A Local Game must offer at least half of the official categories and/or sub-categories. Additional categories and sub-categories not offered at State Finals may be offered by a Local Game, but winners should be informed that they will not qualify for State Finals.
4. An artist may only submit one (1) entry per sub-category at State Finals; except in Performing Arts - an artist may only have one (1) entry per size of Act in each sub-category.
5. Each Local Game may send/submit a first and second place qualifier in each Literary Arts sub-category; one Act/entry in Performing Arts and Cheerleading to State Finals; and the first, second and third place qualifiers in each Heritage and Visual Arts sub-category. A participant may only submit one entry per sub-category. The Local Game may determine how to choose the Performing Act to represent their Game at State Finals.
6. NCSG will judge SilverArts at State Finals. Medals will be awarded in each sub-category in Visual, Literary, and Heritage Arts. Medals in Performing Arts will be awarded to solo, small group (2 - 4 performers), and large group (5 or more performers) in each sub-category.
7. The SilverArts entry/entries entered at State Finals **must be the same** entry/entries that won in the Local Games competition.
8. Entries must be the original work of the artist and must have been completed within 2 years of the Local Games' qualifying date.
9. An art entry may only be entered in one (1) SilverArts sub-category at State Finals.
10. Artists must not submit an entry if the piece/performance/entry has been showcased in the previous SilverArts Showcase at State Finals.
11. Art entry/entries incorrectly categorized by the artist, or not in compliance with NCSG Guidelines and Category Requirements, will not be considered in the judging process.
12. Local Games should include the NCSG *SilverArts Guidelines* and the *Specific Category Requirements* with/in the Local Games SilverArts Entry Form. A print-ready copy is in the SilverArts Manual, on the PPA and on the website.
13. The safety and sportsmanlike conduct of everyone is of paramount concern. Senior Games Officials have the authority to disqualify, and/or remove, from current and future NCSG programs, anyone who exhibits inappropriate behavior or a condition of medical concern. Falsifying information in the registration process will not be permitted and may result in disqualification from current and future Senior Games activities.

SPECIFIC CATEGORY REQUIREMENTS FOR SILVERARTS

See *SilverArts* Guidelines for general requirements.

A. Heritage Arts

- Entries must be the work of the individual and not a group.
- Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Entries from ceramic molds will not be accepted.
- All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.
- Framed entries can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5' (Height).
- Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photo of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- The heritage arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

B. Visual Arts

- All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).
- Mixed media may be a freestanding piece.
- Photography Film or Digital - determined by the medium on which the image is recorded.
- Freestanding entries must be able to be displayed in an area 3' (W) x 3' (L) x 5' (height).
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- If on-site assembly is required, details must be specified on the Information Form for NCSG prior approval.
- The art piece must be an original work, not a print.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photograph of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
- The visual arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

C. Literary Arts

- All Essay, Life Experience, and Short Story entries must be typed, double-spaced on 8-1/2 x 11 paper, and have a minimum of 1” margins. A minimum font size is 10-pt type (preferably “times new roman or arial”). Essays, Life Experiences, and Short Stories can be no longer than 8 pages.
- Poetry entries must be typed, on 8-1/2 x 11 paper, and have a minimum of 1” margins, but double spacing is not required. (Appearance must support and contribute to the meaning of the poem and its impact.) A minimum font size is 10-pt type (preferably “times new roman or arial”). Poems can be no longer than 40 lines.
- All entries must have a title page, which includes title of entry, sub-category, and name of artist.
- Artist's name must not appear on the content pages.
- A display-quality copy of the winning Literary Arts entries, and two (2) additional copies, should be submitted to NCSG by the artist with their official State Finals Entry Form and SilverArts Information Form. No framed or matted entries will be accepted.
- The original and all copies will be retained by NCSG.
- The literary arts entry entered at State Finals must be the same entry that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

D. Performing Arts

- An artist may only have one (1) entry per size of act in each sub-category.
- Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing is the performer's responsibility and begins with the first note of music or the first movement visible to the audience and ends with the final note of music or movement of the act.
- Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will not be counted to determine size of act, but no one under age 50 as of Dec. 31st will be permitted on stage and an accompanist *must* be a registered participant.
- All performers for all acts must enter stage left and exit stage left or begin and end on the stage. See the SilverArts Manual for a stage diagram.
- If recorded music is used, it must be an mp3 file (submitted electronically or on a flash drive) NO CD's accepted. Music must be sent with the State Finals Entry Form and SilverArts Information Form. No recorded instruction is permitted. This should be the only track on the CD/flash drive or electronic file. Music may be picked up following the performance. It cannot be mailed/returned.
- At State Finals, NCSG can provide the following items: chairs, microphone(s), piano and sound system. The act is responsible for all other props and equipment and must get NCSG advance approval for use at Show. Props must be small, few, light-weight and easy to set up quickly.
- Voice presentations must be a *live* performance by the artist. Background music can be recorded. Lip-synch is not permitted in any vocal category.
- The Group Leader, who must be a participant, must complete the *SilverArts Information Form* for the group and submit it with their *State Finals Entry Form* and each member of the group must submit their own personal *State Finals Entry Form* by the August 1st deadline.
- The performance at State Finals must be the same performance that won at the Local Games; i.e. same song, dance, music, etc.
- No live animals are allowed, except for service animals.

PRINT NAME

THIS FORM MUST BE FILLED OUT BY ATHLETIC AND SILVERARTS PARTICIPANTS

RELEASE AND INDEMNITY AGREEMENT

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE SMOKY MOUNTAIN SENIOR GAMES, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, volunteers, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I have prepared myself for the events that I have entered by practicing prior to the actual competition. To the best of my knowledge and belief, I have no physical restrictions, which would prohibit my participation in the events I have selected. I have been advised by the Smoky Mountain Senior Games coordinator that it would be in my best interest to consult with my physician prior to my participation in the Smoky Mountain Senior Games program. I am covered by hospitalization or medical insurance through a private carrier, Medicare, Medicaid, or otherwise which provides for the payment of health care benefits for illness or injury from my participation in the Senior Games program.

I agree to release and hold harmless the aforementioned from any damage to or less the aforementioned from any damage to or loss of my artwork entry. I certify that the art piece(s) I enter(ed) is my own work, created after having reached the age of 50 (and within the last two years), and are not manufactured in any sense of the word.

I also grant to the Smoky Mountain Senior Games and Silver Arts program the free and unrestricted right to use my name and picture in any broadcast or other written or photographic account of the Smoky Mountain Senior Games and Silver Arts program without compensation. The undersigned has read the above waiver and release, understands that they have given up substantial rights by voluntarily signing it. I have read this waiver/release.

**** I understand that it is MY responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals Registration with payment and all required items must be received in the NCSG office in Raleigh by 11:59pm on August 1st! I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered. ****

PRINT NAME

SIGNATURE

DATE

We are committed to creating a healthy and safe environment for all participants, staff, and spectators. We request that every participant consult his/her doctor in regard to preparation for, and competition in, Senior Games or any similar activity. Please inform SMSG at the time of the games of any changes in your health status.

THIS FORM MUST BE FILLED OUT BY ALL ATHLETIC AND SILVERARTS PARTICIPANTS

******* OPENING CEREMONIES *******

All participants are invited to attend *Kick-Off to the 2025 Senior Games Breakfast* on Monday, March 31st at 8:30 AM at the Jackson County Department on Aging in the Heritage Room 100 County Services Park, Sylva NC 28779.

******* CLOSING CEREMONY AND AWARDS BANQUET *******

All participants, and their family and friends, are invited to attend the Closing Ceremony and Awards Banquet on Thursday, May 15th at 5:30 PM at Jackson County Department on Aging in the Heritage Room. 100 County Services Park, Sylva NC 28779.

COST OF GUEST MEALS AND RESERVATION DETAILS WILL BE PROVIDED BY APRIL 25TH.

******* Volunteering ***** *If you have registered online, please call 586-5494 if you would like to volunteer***

As part of the Smoky Mountain Senior Games family, we ask and encourage you to volunteer to help at least one other event in your local games in which you (or your spouse or friend) are competing. Please check each box from the list below when you are available and willing to help by volunteering. Thank you!!!

- | | | |
|--|---|---|
| Event | Event | Event |
| <input type="checkbox"/> Basketball Shooting | <input type="checkbox"/> Football Throw | <input type="checkbox"/> Shuffleboard |
| <input type="checkbox"/> Bocce | <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Softball Throw |
| <input type="checkbox"/> Cornhole | <input type="checkbox"/> Pickleball | <input type="checkbox"/> Track & Field |

REMEMBER: To be officially entered in the Smoky Mountain Senior Games you must:

- ✓ Complete the ENTIRE official registration form
- ✓ Read and sign the Release and Indemnity Agreement
- ✓ Pay the registration fee (checks payable to: Jackson County Department on Aging)

Registration deadline is Friday, March 7th

Registration Dates	Fee
February 1 st thru March 7 th 2025	\$15
<i>On the deadline, online registration closes at midnight, paper registration closes at 5pm.</i>	

PAYMENT.....

REGISTRATION FEE	\$ _____
OPENING CEREMONIES (check box if <u>you</u> will be in attendance)	<input type="checkbox"/> (FREE)
GOLF ADDITIONAL FEE (ADD \$ 52.00 FOR 18 HOLES)	\$ _____
TAX DEDUCTIBLE DONATION TO SENIOR GAMES	\$ _____
TOTAL AMOUNT ENCLOSED	\$ _____

Send completed forms and payment to:

Jackson County Department on Aging
 100 County Services Park, Sylva, NC 28779
MAKE CHECKS PAYABLE TO: JCDOA (MEMO: SENIOR GAMES)

OFFICE USE ONLY: Date registration form received: _____ 2025 / receipt reference _____

KEEP THIS FORM FOR YOUR REFERENCE – EVENT SCHEDULE AS WELL AS RAIN DATE SCHEDULE!!!!!!

2025 Smoky Mountain Senior Games April 2 - May 15

Registration: Feb 1-March 7 at <https://torch.ncseniorgames.org> or (828) 586-5494

Date	Activity	Time	Location
Week 1 of Senior Games: March 31st – April 4th			
March 31 (M)	Kick-Off Breakfast	8:30 am	Jackson Co. Dept. on Aging 100 County Services Park, Sylva, NC 28779
April 2 (W)	Open Events*	9:30 am	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
April 3 (W)	Silver Arts Drop off for Literary Arts	8am-5pm	Jackson County Dept. On Aging: 100 County Services Park, Sylva NC
April 4 (Fri)	Bowling-Singles (\$10/\$13 w/ shoes)	10:00 am	Harrah's Cherokee UltraStar: 777 Casino Dr. Cherokee, NC 28719
Week 2 of Senior Games: April 7th – 11th			
April 7 (M)	Bocce (W)	10:00 am	Birdtown Complex: 1212 Birdtown Road, Cherokee, NC 28719
April 7 (M)	Horseshoes (M)	10:00 am	Birdtown Complex: 1212 Birdtown Road, Cherokee, NC 28719
April 7 (M)	Bocce(M)	12:00 pm	Birdtown Complex: 1212 Birdtown Road, Cherokee, NC 28719
April 7 (M)	Horseshoes (W)	12:00 pm	Birdtown Complex: 1212 Birdtown Road, Cherokee, NC 28719
April 10 (Th)	Billiards	11:00 am	Rivers And Rails Tavern: 2 Dills Street, Dillsboro NC 28725
Week 3 of Senior Games: April 14th – April 18th			
April 14 (M)	Archery	10:00 am	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
April 15 (T)	Tennis	12:00 pm	Mark Watson Park: 86 Mark Watson Park, Sylva, NC 28779
April 16 (W)	Table Tennis	11:00 am	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
Week 4 of Senior Games: April 21st – 25th			
April 21 (M)	Swimming	9:00am	Jackson Co. Aquatics Center: 88 Cullowhee Mtn Road, Cullowhee
April 22 (T)	Shuffleboard (M)	10:00 am	Birdtown Complex: 1212 Birdtown Road, Cherokee, NC 28719
April 22 (T)	Shuffleboard (W)	12:00 pm	Birdtown Complex: 1212 Birdtown Road, Cherokee, NC 28719
April 23 (W)	Disc Golf	11:00 am	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
April 24 (Th)	Bowling-Doubles (\$10/\$13 w/ shoes)	10:00 am	Harrah's Cherokee UltraStar: 777 Casino Dr. Cherokee, NC 28719
April 25 (Fri)	Cornhole (W)	10:00 am	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
April 25 (Fri)	Cornhole (M)	12:00 pm	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
Week 5 of Senior Games: April 28th – May 2nd			
April 28 (M)	Bowling - Mixed Doubles	10:00 am	Harrah's Cherokee UltraStar: 777 Casino Dr. Cherokee, NC 28719
May 1 (Th)	Silver Arts Drop Off (All Remaining)	8:30 am – 11:30 am	Jackson County Dept. On Aging: 100 County Services Park, Sylva NC
May 1 (Th)	Pickleball – Singles & Mixed Doubles	12:30 pm	First United Methodist Church: 77 Jackson St. Sylva, NC 28779
May 2 (Fri)	Track & Field	10:00 am	Smoky Mountain High School Track: 100 Smoky Mountain Dr. Sylva
Weeks 6 & 7 of Senior Games: May 5th – May 15th			
May 6 (T)	Pickleball – M&W Doubles	12:30 pm	First United Methodist Church: 77 Jackson St. Sylva, NC 28779
May 7 (W)	Golf (\$52 per player)	11:00 am	Trillium: 48 Links Dr. Cashiers, NC 28717
May 8 (Th)	Cornhole – Doubles	10:00 am	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
May 8 (Th)	Cornhole – Mixed Doubles	12:00 pm	Jackson Co. Rec. Center: 88 Cullowhee Mtn Road, Cullowhee, NC 28723
May 9 (Fri)	Mini Golf (\$4 per person)	11:00 am	Maggie Valley Carpet Golf: 3054 Soco Rd. Maggie Valley, NC 28751
May 15 (Th)	Closing Ceremony	5:30 pm	Jackson County Dept. On Aging: 100 County Services Park, Sylva NC
May 15 (Th)	Cheerleading, Performing Arts	5:30 pm	Jackson County Dept. On Aging: 100 County Services Park, Sylva NC

(\$) Event has additional fees: **Bowling**, and **Mini-Golf** to be paid at location. **Golf** to be paid with registration.

***Open events** include: **Basketball Shoot, Football Throw, Softball Throw**

TBD Events: **Basketball and Softball tournaments, Cycling events (including Recumbent), and 10K Run.**

****Track and Field events include:** **Discus, Running Long Jump, Shotput, Standing Long jump, 50 meter Dash, 100 meter Dash , 200 meter Dash, 400 meter Dash, 800 meter Run, 1500 meter Run, 5K Run, 1 mile Fun Walk, 1500 meter Power Walk, 5k Power Walk**

RAIN DATE:	Activity	Time	Rain Date Location	RAIN DATE:	Activity	Time	Rain Date Location
April 29	Archery	10:00 am	Same as above	May 12	Mini-Golf (\$4)	11:00 am	Same as above
April 8	Bocce	10:00 am	Same as above	April 3	Softball Throw	11:00 am	Same as above
May 14	Golf (\$52)	11:00 am	Same as above	April 17	Tennis	12:00 pm	Same as above
April 8	Horseshoes	10:00 am	Same as above	TBD	Track & Field	TBD	TBD
April 29	Disc Golf	11:00 am	Same as above				



"We don't stop playing because we age, we age because we stop playing." So come out and play!!!

